

## Troop 401 - Backpacking Essentials List

The following lists of items are intended to show what items scouts should be bringing on troop backpacking trips. Please do not go out and buy everything, but rather make substitutions where necessary and work toward having all of the items as your funds allow. Remember to use these items as gift ideas for Christmas and birthdays.

### Clothing

Essentials			Optional
Hiking Boots	Wool/poly blend socks (2 pair min.)	Poly liner socks (1 or more pairs)	Hat with brim
Hiking Shorts (nylon)	T-Shirts (2)	Underwear (2 min.)	Camp shoes
Rain gear	Jacket (poly fleece or wool) (cold weather)	Polypro underwear	Swimming shorts
Nylon outer jacket	Nylon pants	Stocking cap (cold weather)	Bandanna

### Personal Equipment

Essentials			Optional
Backpack	Sleeping bag	Closed cell foam pad	Backpack cover
Water bottles (2 liter)	Insulated mug	Spoon	Camp chair
Bowl with cover	Pocket knife *	Flashlight	Camera
Batteries / bulbs	Compass	Signaling device	Empty 2 Liter Bottle
Firestarters	Pers. First-aid kit	Nylon rope (50ft)	
Boot bag	Shop towels (5)	Toothbrush	
Small sponge	Trash bags (4)	Ziplock bags (4)	
Clothes pins (2)	Paper & pencil	Advancement card	
Sunglasses	Totin' Chip Card		

\* Must have and carry Totin' Chip Card

### Tent Group Gear

Tent	Cooking pots	Cooking utensils	Stove
Toothpaste	Sunscreen lotion	Toilet paper	Trowel
Soap	Duct tape (small amount)	Bear bag	Waterproof matches

Remember: The objective is to bring what you need to insure safety and a reasonable degree of comfort. Anything more is extra weight and will reduce the pleasure of the trip. Individuals who bring unnecessary gear believe it affects only themselves. But in truth the group carries the entire load. If an individual brings extra gear their ability to carry their share of the group gear is reduced.

### Leave in car at the trailhead the following:

In garbage bag: a complete change of clothes including socks and shoes. Put name on bag!